



Allsorts Childcare Sun Protection Policy

Purpose

Too much exposure to ultraviolet (UV) radiation from the sun causes sunburn, skin damage and increases the risk of skin cancer. Sun exposure in the first 15 years of life contributes significantly to the lifetime risk of skin cancer.

At Allsorts we want all staff and children to enjoy the sun safely. We will work with staff, parents, and carers to achieve this.

Principles

Sun safety will be promoted through working with parents/carers and staff, to improve our understanding and provision to avoid the harmful effects of too much exposure to UV. Staff should always act as a positive role model and set a good example by seeking shade whenever possible, wearing appropriate clothing, and applying sunscreen.

The gardens at each Allsorts setting have appropriate areas of shade for the children to use when the sun is at its hottest.

Sun Cream

Parents must apply sun cream to their child before they arrive at Allsorts using a minimum of factor 30 with a 5 star UVA rating (factor 50 is recommended).

Staff will then reapply sun cream to your child after lunch using sun cream provided by Allsorts. If your child has allergies/skin conditions, you are welcome to provide your own sun cream, which should be clearly labelled, and must be a new bottle so that we know it is in the date of 12 months usage.

Clothing

- Children must bring a sun hat with a wide brim that covers the face, neck and ears. Hats will need to be worn at all times when playing outside.
- The children will be encouraged to wear clothes that provide good sun protection (sun hats and tshirts that cover shoulders etc).
- Parents/carers will be informed of the importance of sending their child to Allsorts with the appropriate clothing/headwear.
- Staff should wear hats when appropriate to act as a good role model and to also demonstrate drinking plenty of water.
- Children are encouraged to increase their water intake in hot weather and are encouraged to do so in outdoor areas also. Water will always be available to children throughout the day which children will be able to access independently.